

## SMART MOVES TRAINING For Education settings

Places are now available to book on our Autumn 2022 information sessions

**Available to Herts Schools only**



Innovative



Caring



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### SMART MOVES A Motor Skills development Programme

This Smart Moves training will provide an introduction to implementing a motor skills development programme in school for children with co-ordination difficulties and related developmental disorders. Smart Moves is being successfully used within many Hertfordshire schools already. (This training will be done virtually via Microsoft Teams)

#### WHO IS IT FOR?

Children from Reception to Key Stage 2

Children who have difficulties with the following: gross, fine motor and co-ordination, ball and balance skills.

#### WHY USE IT?

To improve motor skills. Schools have reported improvements seen in children's confidence, self-esteem, attention and behaviour.

#### HOW?

The Smart Moves Motor Skills Development Programme has 3 elements

- Movement ability profile - to aid in the identification of abilities & difficulties
- Bank of Activities which reflect the PE curriculum & use school resources, so there is no need to purchase specialist equipment
- Manual & CD ROM, containing instructions, advice, certificates etc
- There is no purchase of equipment required but schools will need to purchase the Smart Moves Motor Skills Programme.

#### BOOK YOUR PLACE FOR 2022/2023:

**Tuesday 27<sup>th</sup> September 10:00-11:00** <https://www.eventbrite.co.uk/e/392447780877>

**Wednesday 9<sup>th</sup> November 14:00-15:00** <https://www.eventbrite.co.uk/e/395942202787>

**Tuesday 10<sup>th</sup> January 2023 14:00-15:00** <https://www.eventbrite.co.uk/e/395944409387>

<https://www.hct.nhs.uk/our-services/childrens-occupational-therapy/>

Children & Young  
People's Therapies  
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