

## Sensory Information Sessions for Education Settings

Places are now available to book on our information sessions for staff from early years settings and mainstream schools



Innovative



Caring



Agile

### Supporting children's sensory Self-Regulation development

How does the sensory environment around us affect our attention and behaviour? How do children manage the sensory information within everyday situations?

Our Supporting children's self-regulation information session is for teachers, assistants and SENCOs who would like to learn more about helping children in their setting to self-regulate. Sensory regulating activities can help children focus and organise their responses to sensory information around them. The session offers practical advice and strategies that you can implement in your educational setting.

These sessions provide an introduction to the topic of self-regulation.

Places are only available to staff from Hertfordshire early years settings or mainstream schools.

#### BOOK YOUR PLACE FOR 2022:

**Friday 28<sup>th</sup> January 10:30 – 11:30** <https://www.eventbrite.co.uk/e/243603232827>

**Tuesday 22<sup>nd</sup> March 10:00 – 11:00** <https://www.eventbrite.co.uk/e/243642610607>

**Tuesday 17<sup>th</sup> May 10:00 – 11:00** <https://www.eventbrite.co.uk/e/243697414527>

**Friday 22<sup>nd</sup> July 14:00 – 15:00** <https://www.eventbrite.co.uk/e/243708397377>

We are also offering information sessions on understanding sensory preferences. To find out dates of these and other training opportunities please visit our CYP Therapies – Occupational Therapy Service webpage <https://www.hct.nhs.uk/our-services/childrens-occupational-therapy/>