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If you wish to see a private practitioner, we recommend practitioners who are registered with the Health and Care Professions Council and who describe themselves as a podiatrist or chiropodist. These are protected titles in law and may only be used by persons who are registered with the Health and Care Professions Council.

For more information visit:

www.hpcp-uk.org



Hertfordshire Community
NHS Trust

Keeping your dressing dry

A guide for patients



Innovative 

Agile 

Caring 

Why do you need to keep your dressing dry?

If the podiatrist has put a dressing on your foot, they may ask that you keep the dressing on and dry until your next appointment. Getting the dressing wet may prevent healing and increase the chances of getting an infection in the wound. It is vitally important that the dressing doesn't get wet in a bath or shower.

Wound protectors

There are now a number of companies that produce a waterproof protector for wounds or dressings which are designed to keep your wound dressing dry while bathing and showering. These are available by post, online or by requesting your pharmacist to order them in. In some instances your GP may be able to prescribe them for you.

Podiatry would advise that you follow closely the instructions provided with the product and ensure care is taken when floor surfaces are wet.

Examples of waterproof protectors for dressings

Limbo



Approx: £12.85

Bloccs



Approx: £18

Buddy



Approx £19

Where to order

Limbo

The Limbo Waterproof Protector is available in different sizes

Telephone: 01243 573417

Online: www.limboproducts.co.uk

Post Thesis Technology Brooks Green Farm, Brooks Lane Chichester West PO18 8XJ

E-mail sales@limboproducts.co.uk

BLOCCS

Waterproof protectors for casts and dressings

Telephone: 01454 318197

Online: www.bloccs.com

Buddy

Waterproof dressing and cast cover is available in three sizes

Telephone: 0800 2700074

Online www.buddycover.com

Prices are for guidance only.