

FOR FURTHER INFORMATION

Please ask your orthoptist at your next appointment if you have any further questions to ask; they will be happy to help!

Hertfordshire Community 
NHS Trust

Accommodative Esotropia

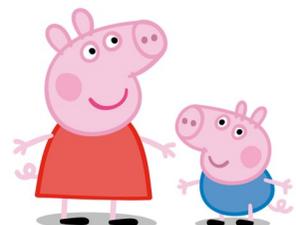


CHILDREN'S EYE SERVICE

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St Albans
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Accommodative Esotropia



What is an accommodative esotropia?

An accommodative esotropia is a type of squint when an eye drifts inwards and improves when wearing glasses.



What are the causes?

Children with accommodative esotropia are often long-sighted (the medical term for this is hypermetropia). This makes your child's vision blurred at near and distance. By trying to make their vision clear, they use their accommodation (focussing) which results in their eye turning inwards.

How is this treated?

The first line of treatment is to check your child's glasses prescription.

The glasses will need to be worn full time for a certain period of time to see the effect of them on the squint.

The glasses should help improve your child's vision and the control of the squint.

There are no exercises indicated for this type of squint.

Types of accommodative esotropia:

A *fully accommodative* esotropia is when the eyes are straight and working well together with glasses on.

A *partially accommodative* esotropia is when the squint is still turning inwards but smaller with glasses on.



Will my child always need to wear glasses for this type of squint?

Yes. The treatment method for this type of squint is to wear glasses full time.

In the future, contact lenses are an option and they will have the same effect as wearing glasses.

If the squint is still a large angle with glasses on, there is an option for possible surgery to reduce the angle. However, glasses will still need to be worn full time after surgery if your child is long-sighted.