

Parent / Carer Sensory Information Sessions

Places are now available to book on our Autumn Term information sessions for parents and carers



Innovative



Caring



Agile

Understanding your child's sensory preferences

How do our sensory likes and dislikes affect the choices we make in everyday life? How do children develop their sensory awareness?

“Very useful to understand sensory needs and some ideas of how to support them”

Comment from a parent who attended a session

Our Understanding Sensory preferences information session is for parents and carers who would like to know more about their child's sensory development. The focus is on sensory development, how sensory preferences are established and the influence on a child's sensory likes and dislikes. Sessions consider the impact of sensory preferences on everyday activities for children and offer practical advice and strategies that you can try at home with your child.

These sessions are an introduction to the topic of sensory processing for parents and carers. They provide initial information and advice for families who are worried about their child's sensory development.

BOOK YOUR PLACE:

- **Tuesday 22nd September 1pm – 2pm** <https://tinyurl.com/yyeled36>
- **Friday 16th October 10am-11am** <https://tinyurl.com/y3ssxmcb>
- **Monday 16th November 10am-11am** <https://tinyurl.com/y3ahvgwr>
- **Wednesday 9th December 10am-11am** <https://tinyurl.com/y5rnu5yd>

We are also offering parent information sessions on supporting your child's self-regulation. To find out dates of these and other training opportunities please visit our CYP Therapies – Occupational Therapy Service webpage <https://www.hct.nhs.uk/our-services/childrens-occupational-therapy/>

Children & Young People's Therapies Service

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