

POST COVID-19 REHABILITATION PATHWAY INFORMATION FOR PRIMARY CARE PROVIDERS

A significant number of patients are experiencing ongoing post Covid-19 symptoms and complications, whether they have been admitted to hospital or remained in the community.

To support the rehabilitation of these patients both physically and psychologically, Hertfordshire Community NHS Trust has developed a post Covid-19 rehabilitation pathway. The pathway is delivered by a multi-disciplinary team which includes a community GP, pharmacists, physiotherapists, pulmonary rehabilitation, respiratory nurses, speech and language therapists, dietitians, occupational therapists and clinical psychologists. The team will work closely with colleagues in social care, acute hospitals, mental health and the voluntary sector to deliver a holistic approach to each patient's care.

Referrals should be made on the Covid-19 Rehab Referral Form, which is also available in the ARDENS system. A patient questionnaire is attached to the referral form for completion by the patient. This must be returned to hct.covidrehab@nhs.net - or posted to the address below - prior to the patient being seen. Please ensure that the patient has consented to share their information and include any relevant information such as discharge letters, clinic letters or test results if they are not available to view on SystemOne. Patients who were admitted to hospital or ITU can also be referred from secondary care using the same process.

Following triage and assessment, the pathway enables referral for ongoing review and investigations as required.

We recognise that the impact of Covid-19 is rapidly evolving and we will therefore continually review and adapt the pathway to respond accordingly.

Postal address for returning patient questionnaires:

The Covid-19 Rehabilitation Coordinator
East and North Herts Referral Hub
Robertson House
Six Hills Way
Stevenage SG1 2FQ