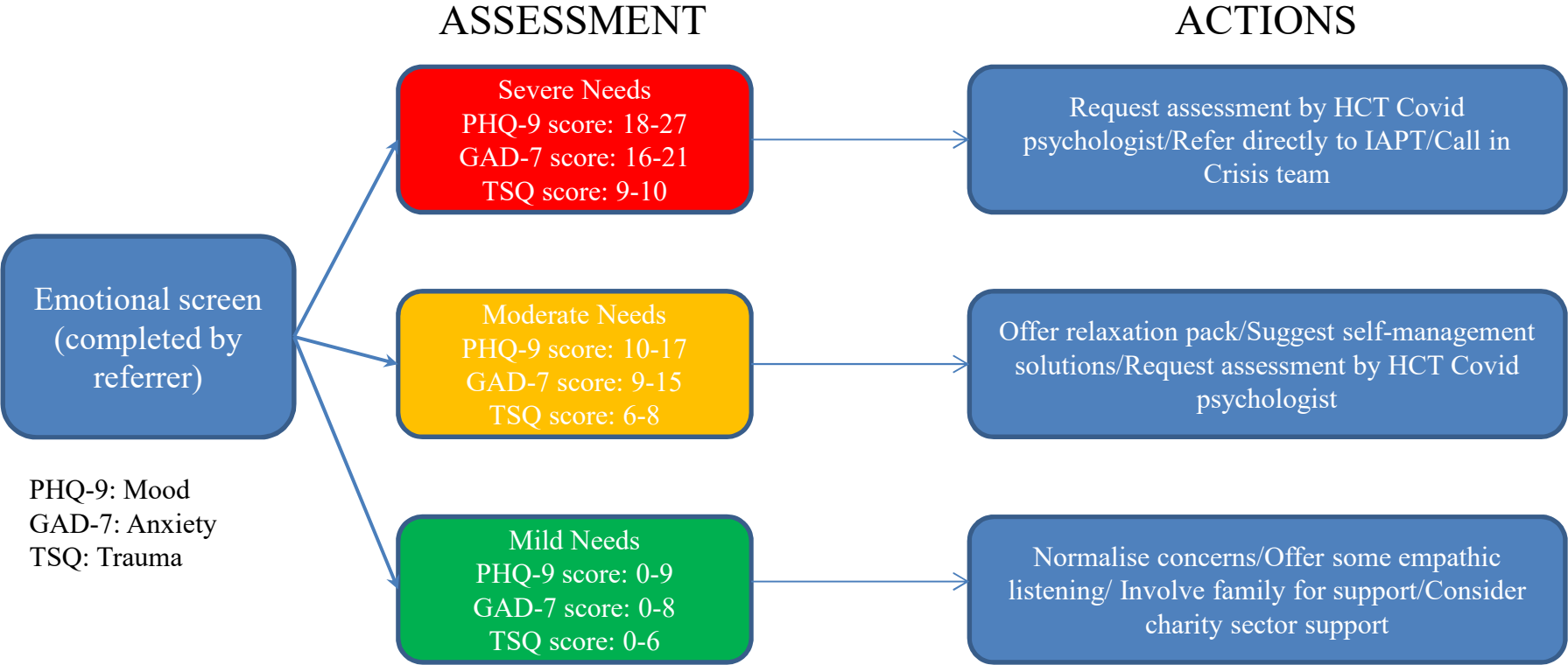


COVID-19 Mental Health Pathway



Assessment support tool – understand levels of need

- **Mild Needs** – ‘Sub-threshold problems’ at a level common to many or most people following Covid. General difficulties coping and perceived consequences for the person’s lifestyle and identity. Mild and transitory symptoms of mood and/or cognitive disorders such as a fatalistic attitude to the outcome of Covid, and which have little impact on engagement in rehabilitation. Support could be provided by family, and rehab staff.
- **Moderate Needs** – Moderate symptoms of impaired mood and/or cognition that interfere with rehabilitation. These may be addressed by non psychology Covid staff supervised by clinical psychologists, or seen for a brief intervention by HCT neuro psychologists.
- **Severe Needs** - Severe and persistent disorders of mood and/or cognition that are diagnosable and require specialised intervention, pharmacological treatment and suicide risk assessment and have proved resistant to treatment at levels 1 and 2. These would require initial assessment of clinical psychology within HCT and likely require a referral to MH services.