New Clinic for Dressings and Leg Ulcers in Stort Valley and Villages

The new clinic starting on 2 December 2019 in Stort Valley and Villages will treat patients who could benefit from support with dressings and leg ulcers run:

Every Monday from 8:30am-4:30pm
at the first floor Cambridge Ward in Herts and Essex Hospital (Cavell Drive | Bishops Stortford | CM23 5JH)

AND

Every Thursday from 8:30am-12:30pm
at Central Surgery
(Bell St, Sawbridgeworth CM21 9AQ)

REFERRALS ACCEPTED FOR THE FOLLOWING FOR INITIAL FULL LOWER LEG ASSESSMENT:
- Patient registered with GP in Stort Valley and Villages Locality (Practices include Church Street Partnership, Parsonage Surgery, South Street Surgery, The Health Centre Central Surgery and Sawbridgeworth Medical Services)
- Wound on the leg, below the knee and above the foot that has not healed within 4 weeks
  - Patient with previous venous leg ulceration who has re-ulcerated (need not wait 4 weeks)

PATIENTS REMAINING IN THE CLINIC FOLLOWING INITIAL FULL ASSESSMENT WILL BE:
- Those who can receive compression therapy as treatment option
- Those who agree to follow the treatment plan to support their journey to healing
- Those who can self manage with the use of wraps and kits

REFERRALS NOT ACCEPTED:
- Patient not registered with GP in Stort Valley and Villages
- There is no active wound below the knee and above the foot
- Foot ulceration only
- Leaking legs with no wound
- Lymphoedema only
- Known, untreated arterial disease in the lower leg
- Patient is unable to get onto the clinic chair unaided

PATIENTS WILL NOT REMAIN IN THE CLINIC IF:
- The initial assessment deems them not suitable for compression therapy – suggestions for referring onto medical and surgical specialities will be made
- They have healed
- The patient, despite all best attempts by clinical staff to support them, does not concord with the treatment plan or frequently DNAs.

FULL LOWER LEG ASSESSMENT INCLUDES:
- Full patient medical history – supported by referral and access to medical records
- Medication history
- Bloods –FBC, U&E’s, blood glucose
- Full patient holistic and lower limb assessment as per S1 template

Questions?
You can call or email Zoe Hollins, Tissue Viability Link Nurse for Stort Valley & Villages, at 07771 841 168 or z.hollins@nhs.net