

Hertfordshire Community Trust - Our core values
Care - We put patients at the heart of everything we do
Respect - We treat people with dignity and respect
Quality - We strive for excellence and effectiveness at all times
Confidence - We do what we say we will do
Improve - We will improve through continuous learning and innovation



**Hertfordshire Community
 NHS Trust**

Children's Physiotherapy

For further information please contact 01923 470680

What does our service do?

The Children's Physiotherapy Service offers a child and family centred approach to Children and young people (CYP) from 0-18 years who have a physical disability or condition that impacts on their development and their functional daily activities at home or in school. The Physiotherapy Service will provide assessment, treatment, rehabilitation, education and advice for CYP with physical difficulties. The service works with families, nurseries, schools and other health and social care professionals. We recognise the importance of working in partnership with the child, parents and carers to maximise a child's physical abilities and independence. Children's Physiotherapists aim to develop both gross and fine motor skills e.g. walking and object manipulation. Physiotherapy can be advice or a hands-on approach that ensures the child is optimally positioned to carry out activities and exercises.

What are our top 4 achievements in the last 12 months?

- We are integrating the use of CPIP which is a hip screening tool for all children under 6 with Cerebral Palsy.
- Patient feedback reports that over 97% of patients are extremely likely to recommend us.
- We have provided training sessions to train the wider workforce in special school.
- We have set up review clinics for children to access who have long term conditions

What are the top 2 things we would like to achieve in the next 12 months?

- We hope to increase our use of technology to support families in the management of their child's condition.
- We hope to increase our group intervention.

How do our patients benefit from our service?

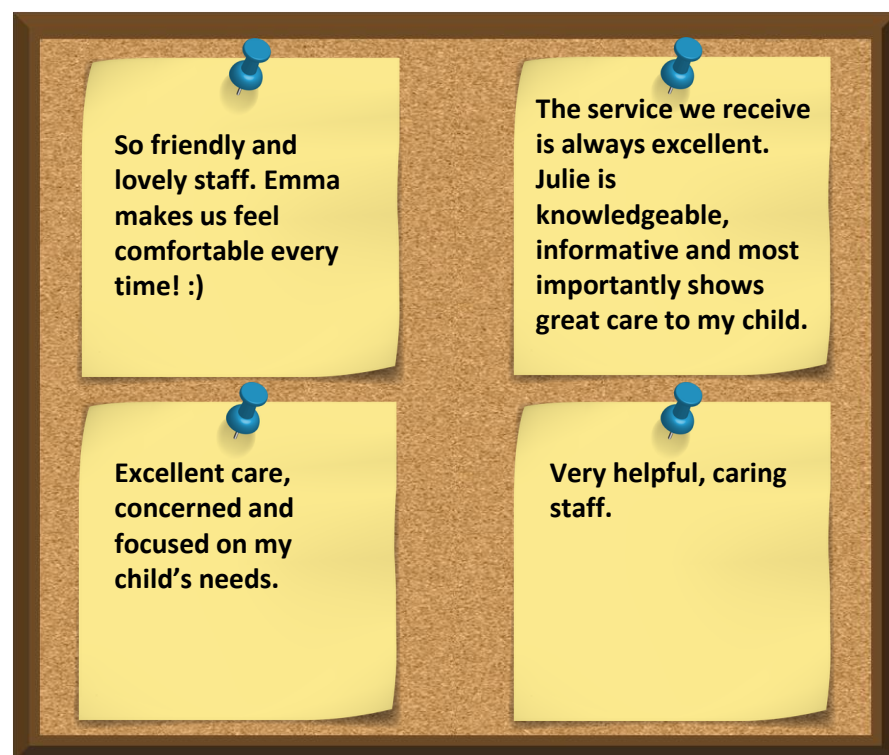
- Support CYP in achieving their educational outcomes.
- Children are able to access care closer to home.
- Physio therapists are movement specialists and movement can help children to develop motor skills, improve cognitive development, contribute to a healthy weight, enhances bone and muscular development, supports learning of social skills.

How does our service improve the outcome for our patients?

- Increase parental confidence to support their CYP's Physiotherapy need.
- Reduce risk of Physical deformity especially with children with long-term conditions.
- Set therapy goals in collaboration with children and their families
- Increase confidence and capability of children's workforce to support Children's Physiotherapy needs

What do our patients and staff tell us about our service?

Our Friends and Family Test score is: 96.67%



Patient Outcomes

5 week old baby referred with Positional talipes
 Scored 4/10 To be able to understand and manage positional Talipes.
 Scored 10 after intervention

8 year old child referred with fractured elbow
 Goal: To gain 20 degrees more extension in the elbow
 Goal: To gain 20 degrees flexion in the right elbow
 Goal: To improve muscle strength to grade 5 in elbow on right
Patient Specific Functional Scale: 15
Post intervention Scale: 28

9 year old girl referred with Brain tumour
 Goal: To be able to walk 15 steps along a line without foot touching sides of floor.
 Goal: To be able to jump from ballet first position to third position 5 times
 Goal: To be able to catch a netball 5 consecutively
Patient Specific Functional Scale: 9
Post intervention Scale: 24