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Macmillan is there to help you find your best way through from the moment of diagnosis, if you want information or just to chat, call 0808 808 00 00 (Monday to Friday, 9am–8pm) or visit www.macmillan.org.uk. To get involved or make a donation please call 0300 1000 200

 Macmillan.org.uk



HELPING THOSE WITH BRAIN CANCER TO LIVE WELL

Macmillan Brain CARE Team

Brain Cancer Rehabilitation in Hertfordshire

In partnership with


Hertfordshire Community
NHS Trust



MACMILLAN
CANCER SUPPORT

We are here to help for as long as you need us

Who we are:

We are a team of specialist therapists (Allied Health Professionals) working in Hertfordshire. We support the rehabilitation needs of people living with brain cancer.

Rehabilitation:

Brain cancer can affect many aspects of your life and the lives of your family and friends.

Rehabilitation can help you to live well, offering support for:

- personal care
- tiredness
- mobility and physical activity
- talking, reading and writing
- eating and drinking
- diet and nutrition
- thinking, concentration and memory
- anxiety, low mood and coping with life changes
- your general well-being.

What we offer:

- regular assessment of your rehabilitation needs
- information and advice about rehabilitation and services available in Hertfordshire
- discussion about your preferences for rehabilitation
- information and support for friends and family
- referral on to services, e.g., physiotherapy, occupational therapy, speech and language therapy, dietetics, equipment, psychological and counselling support, hospice services
- support with rehabilitation issues relating to illness or treatment side effects and support with advance care planning
- liaison with therapists and doctors involved in your care
- a point of contact should new issues arise.

Meeting and talking with you:

We can

- meet you while you are in hospital or at a hospital clinic
- meet you in a Hertfordshire clinic
- talk to you on the telephone
- call and meet you at home.