

How to refer to our service

If you would like to refer someone to our service either:

- complete a podiatry application form (these can be found on the Hertfordshire Community NHS Trust website under Podiatry Service)
- or write a referral letter including details of the reason for referral, relevant past and present medical history and listing any medication,
- if a referral is urgent please email or fax the referral to the Podiatry office.

Your local NHS podiatry service

For more information about NHS Podiatry in Hertfordshire please visit our webpage at: www.hct.nhs.uk

or contact:

Hertfordshire Podiatry Service

Head Office
Sandridge Gate
Ronsons way
St Albans
AL4 9XR
Telephone: 01727 732004
Fax: 01727 732099
Email: podiatryhct@nhs.net

If a patient wishes to see a private practitioner, we recommend practitioners who are registered with the Health and Care Professions Council and who describe themselves as a podiatrist or chiropodist. These are protected titles in law and may only be used by persons who are registered with the Health and Care Professions Council.

For more information visit: www.hpc-uk.org

Hertfordshire Community NHS Trust

Unit 1a Howard Court
14 Tewin Road
Welwyn Garden City
Hertfordshire
AL7 1BW

Telephone: 01707 388000
Fax: 01707 321840
Email: enquiries.hchs@nhs.net
Web: hct.nhs.uk

If you would like a copy of this document in LARGE PRINT, Braille or audio tape, or would like this information explained in your own language, please contact 01707 388038

Hertfordshire Podiatry Service

A guide for health care professionals

The Hertfordshire Podiatry Service aims to promote positive foot health and provides a range of services for people with foot health problems.

Access to our service is determined by foot health need though patients need to be registered with a GP within the Hertfordshire area.

We provide a range of services for those with foot health problems.

We do not however provide a toenail cutting service for normal toenails unless there is a medical problem that puts the foot at greater risk.

Diabetes Service

Podiatry is part of the multi-disciplinary diabetes team. We provide a full range of podiatry services for those with diabetes within community and outpatient settings including:

- ulcer debridement and treatment,
- reduction of nails, corns and callus,
- padding and insoles,
- supporting patients on maintaining good foot health,

Podiatry Musculoskeletal Service

This service deals with the structure and function of the feet, as they relate to each other and to the legs, hips and spine.

Poor mechanics of the lower limb can lead to various injuries. Common problems we see are heel, knee, shin and back pain, in both adults and children.

Following a full biomechanical assessment, treatment will include stretching, exercise regimes and the use of insoles.

Treatment eligibility depends on your CCG area.

High Risk Podiatry Service

Podiatry provides a foot health service to those who have a medical condition which puts their feet at greater risk of foot problems.

We provide:

- reduction of nails, corns and callus,
- ulcer debridement and treatment,
- padding and insoles,
- supporting patients on maintaining good foot health,

Nail Surgery Service

We provide total and partial nail avulsions under a local anaesthetic, preventing nail regrowth by destroying the nail matrix. The patient's health should allow the use of local anaesthetics and wound healing. The patient should be able to understand the procedure and be able to attend post-operative dressing appointments.



What patients can expect

Senior Podiatrists triage all application forms, this is to ensure urgent referrals are dealt with speedily and ensure referral to appropriate parts of our service.

An initial appointment will be made with a podiatrist at a clinic most local to the patient. If their appointment is with a specialist podiatrist, the patient may be asked to travel to the specialist clinic. At their initial assessment appointment a podiatrist will assess their podiatry need and a treatment plan will be agreed with the patient.