



Safety in the home

Water Safety

Babies can drown in just 3cm of water. For this reason it's vitally important to never leave your baby alone in the bath, not even for a moment.

Make sure you have everything you need close to hand (towels, shampoo, etc.) when you're giving your child their bath. If the doorbell or phone rings, take your baby out of the water, wrap them in a towel and take them with you to answer the door or call. The basics:

- Remember to empty the bath water straight after use
- Don't leave uncovered bowls or buckets of water around your home or in the garden – even small buckets of water can pose a danger to your child

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For additional fact sheets see www.ihv.org.uk

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The Start4Life Information Service for Parents provides free information and advice. Find out more at: bit.ly/1iC4rrO

Safety in the home – Water Safety

- If you have a garden pond fill it in or securely fence it off while your child is small. Be aware of ponds at other people's homes, too.
- While paddling pools are fun to use in the summer you should always supervise young children when they're playing in their pool. Always empty the water immediately after use.
- Take care around swimming pools when on holiday. Never leave young children alone near a pool. If there is a swimming pool cover available where you are staying do be sure to use it. Some villas and holiday homes also have gates around swimming pools which should be used at all times to stop your child accessing the pool.
- If you have any worries or questions about safety around the home or when on holiday your Health Visitor can offer advice which follows current safety guidelines.

More information:

For more information on child safety visit:

bit.ly/1FDahj

NHS Choices has more helpful advice on accidents in the home here:

bit.ly/1pNtjo4

And for comprehensive advice on safety for babies and toddlers, visit:

bit.ly/1uH9jS2